is only the richer ſort of people that uſe this brandy; and what they ſell is only the firſt running, which makes a very good dram.

Two pood of herbs[1] generally render one vedro * of the firſt running, and the pood coſts four rubles or more. The herbs that remain in the ſtill after drawing off all the ſpirit, are made uſe of as a yeſt, inſtead of berries, to ferment other infuſions or wort; and what they cannot uſe thus the cattle eat very greedily, and it fattens them much. It is remarkable that brandy diſtilled from the plants from which the ſkin has not been clean ſcraped, it cauſes melancholy and perturbation of mind. Mr *Steller* made the following remarks upon this brandy: 1ſt, that it is very piercing, and contains a good deal of a ſharp acid, which coagulates the blood and makes it black: 2dly, that a ſmall quantity of it makes people drunk and quite ſenſeleſs, and cauſes their faces to turn black: 3dly, that if a perſon drinks a few drams of it, he is plagued the whole night with diſagreeable dreams, and next day is uneaſy and diſturbed as if terrified with the apprehenſion of the greateſt misfortune: and, what is very extraordinary, he has ſeen ſome people the day after they have been drunk with this ſpirit, from one draught of cold water, become again ſo drunk that they could not ſtand upon their feet. They wet their hair with the juice, which they ſqueeze out of this herb in the ſpring, as a preſervative againſt lice, and find it to be their only relief. Many of the *Kamtſchadales*, who deſire to have children, will not eat this herb, green or dry, imagining that it impairs the generative faculties.

The herb kipri†, which grows in all *Europe* and *Aſia*, has the third place in the food of the *Kamtſchadales*. They

* Vedro is a *Ruſſian* liquid meaſure containing 25 pints.

† Epilobium. Linn. Succ. Spec. 1. French willows.

1. [the sweet herb, Sphondylium foliis pinnatifidis Linn. Cliff.

boil